



LEARNING TRACKS

MARCH 20 - 27, 2025

Our Learning Tracks can help guide your decision about which interviews to watch during the 10th annual Migraine World Summit.

You can watch as many interviews as you like while the Migraine World Summit is live (4 available each day)!

But, if time is limited, you might find these suggested Learning Tracks helpful for identifying the topics and interviews that are most relevant to you.



MIGRAINE WORLD SUMMIT

LIVING WITH MIGRAINE



Paula's Migraine Journey, Secrets & Next Steps
Paula K. Dumas

DAY 1



Part I: Preventing & Reversing Chronic Migraine
Richard B. Lipton, MD

DAY 2



How Heavy Metals & Trace Elements Affect Migraine
Robert Bonakdar, MD

DAY 2



Are People With Migraine Having More Strokes & Heart Attacks?
Chia-Chun Chiang, MD

DAY 2



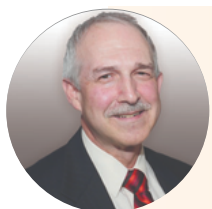
Part II: Preventing & Reversing Chronic Migraine
Richard B. Lipton, MD

DAY 3



How Poor Sleep Worsens Migraine: What You Need to Know
Lauren Natbony, MD, FAHS

DAY 3



How Sinuses, Allergies & Weather Affect Migraine
Vince Martin, MD, AQH

DAY 3



Brain Fog: Understanding the Cognitive Impacts of Migraine
Elizabeth (Betsy) Seng, PhD

DAY 4



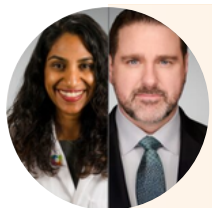
Helping Loved Ones Understand Migraine: Your Discussion Guide
Hope O'Brien, MD, MBA, FAAN, FAHS

DAY 4



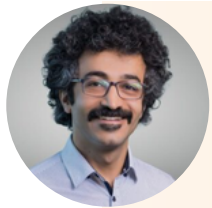
Fact or Fiction? The Truth About Popular At-Home Migraine Remedies
Thomas Berk, MD, FAHS

DAY 6



How GLP-1 Medications & Exercise Impact Migraine: Two Experts Weigh In
Dale Bond, PhD & Devika Umashanker, MS, MBA, MD

DAY 7



When the Doctor Becomes the Patient: Migraine Firsthand
Faraidoon Haghdoost, MD, PhD

DAY 7



The Many Faces of Migraine: Five Stories of Challenge & Hope
Dawn C. Buse, PhD

DAY 8



Building a Migraine Management Plan That Works
Jérôme Mawet, MD

DAY 8



MIGRAINE WORLD SUMMIT

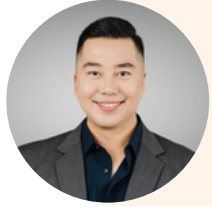
PHARMACOLOGICAL TREATMENTS



The Latest Insights on CGRP-Targeted Medications in Migraine Treatment

Amaal J. Starling, MD, FAHS, FAAN

DAY 1



Managing the Unique Challenges of Vertigo & Vestibular Migraine

Shin C. Beh, MD, FAAN, FAHS

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Global Guidelines for Acute Migraine Treatment

Simona Sacco, MD

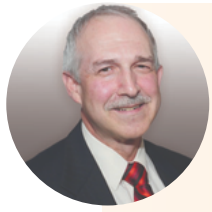
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How Sinuses, Allergies & Weather Affect Migraine

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Exploring Lidocaine, Ketamine & More for Refractory Migraine

Shivang Joshi, MD, MPH, RPh

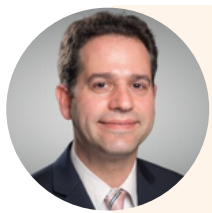
DAY 4



Triptans Today: Their Role in Contemporary Migraine Treatment

Patricia Pozo-Rosich, MD, PhD

DAY 5



When One Treatment Isn't Enough: Layering Therapies in Migraine Management

Matthew Robbins, MD

DAY 6



Hormones & Migraine: Debunking the Myths of HRT

Anne MacGregor, MD

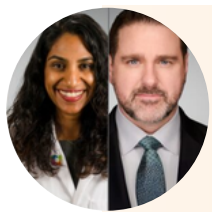
DAY 6



Effective, Affordable & Accessible Migraine Preventive Medications

Fred Cohen, MD

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Understanding & Treating Migraine in Older Adults

Deborah Friedman, MD, MPH, FAAN, FAHS

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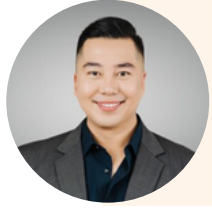


COMPLEMENTARY & ALTERNATIVE MEDICINES



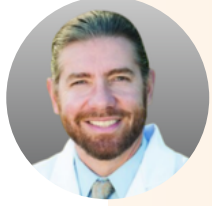
Migraine Relief Through Gut Health: Science & Solutions
Wade Cooper, DO

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The Role of Cannabis in Migraine Treatment
Nathaniel M. Schuster, MD

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Nondrug Treatments For Migraine Relief
Alexander Mauskop, MD

DAY 5



Are Psychedelics a Legitimate Treatment for Cluster Headache?
Joanna Kempner, PhD

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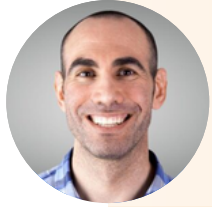
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Hormones & Migraine: Debunking the Myths of HRT
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Can Pain Reprocessing Therapy Offer Migraine Relief?
Alan Gordon, LCSW

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The Many Faces of Migraine: Five Stories of Challenge & Hope
Dawn C. Buse, PhD

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MIND/BODY



How Poor Sleep Worsens Migraine: What You Need to Know

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CHRONIC MIGRAINE



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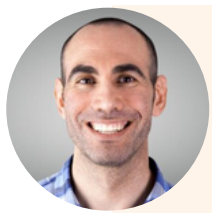
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MIGRAINE IN SPECIFIC POPULATIONS



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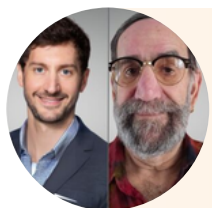
Migraine's Comorbidities: A Look at Associated Conditions
Peter McAllister, MD, FAAN

DAY 3



Are Psychedelics a Legitimate Treatment for Cluster Headache?
Joanna Kempner, PhD

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Navigating NDPH: Blending Patient & Provider Perspectives
Mark Burish, MD, PhD & Alan Kaplan

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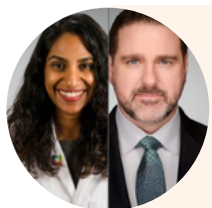
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MIGRAINE SYMPTOMS



Migraine Relief Through Gut Health: Science & Solutions
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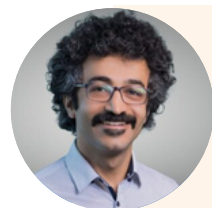
Brain Fog: Understanding the Cognitive Impacts of Migraine
Elizabeth (Betsy) Seng, PhD

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What We Know About the Biology of Migraine
Jessica Ailani, MD, FAHS, FAAN

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Faraidoon Haghdoost, MD, PhD

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RESEARCH



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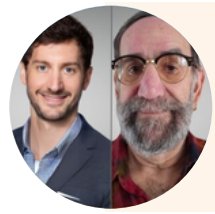
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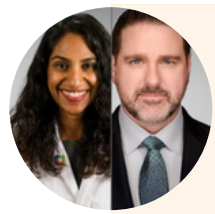
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What We Know About the Biology of Migraine

Jessica Ailani, MD, FAHS, FAAN

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How GLP-1 Medications & Exercise Impact Migraine: Two Experts Weigh In

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From Research to Relief: New Migraine Treatments in the Pipeline

Arynah Pradhan, PhD

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HOPE



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