



2024 Schedule

Preview Webinar February 28th at 4:00pm EST

DAY/#	TOPIC	SPEAKER
DAY 1		
1	Controlling Chronic Migraine	Jessica Ailani, MD, FAHS, FAAN
2	Best Exercise Options for People With Migraine	Elizabeth (Betsy) Seng, PhD
3	Beginner's Guide to Headache Types	Courtney Seebadri-White, MD
4	Neurological Research Priorities	Walter Koroshetz, MD
DAY 2		
5	Migraine Biochemistry: CGRP & Beyond	Peter Goadsby, MD, PhD, FRS
6	How Much Is Too Much Excedrin Migraine?	Paul Mathew, MD, DNBPAS, FAAN, FAHS
7	The Gut Factor: Exploring the Role of Digestive Health in Migraine	Vince Martin, MD, AQH
8	Menopause, Perimenopause & Migraine	Christine Lay, MD, FAHS
DAY 3		
9	Supplements & Foods That Ease Migraine	Robert Bonakdar, MD
10	Balancing Risks & Benefits of Migraine Treatments	Amaal J. Starling, MD, FAHS, FAAN
11	Is Migraine a Brain Energy Problem?	Elena Gross, PhD
12	Migraine FOMO: Are You Missing Out?	Katie MacDonald
DAY 4		
13	What to Expect: Nurtec ODT, Ubrelvy, Qulipta & Zavzpret	Matthew Robbins, MD
14	New Daily Persistent Headache: Pain That Won't Stop	Andrew Hershey MD, PhD, FAAN, FAHS

15	The Nervous System, Stored Trauma & Migraine	Aimie Apigian, MD, MS, MPH
16	When Headache Starts Behind the Eyes	Deborah Friedman, MD, MPH, FAAN, FAHS
DAY 5		
17	Unofficial Side Effects of CGRP Monoclonal Antibodies	Robert P. Cowan, MD
18	Migraine, TMD & Neck Pain	Rashmi B. Halker Singh, MD, FAHS, FAAN
19	Neuromodulation Devices: Proven Drug-Free Treatment for Migraine	Fred Cohen, MD
20	Advocacy, Access & Migraine at Work	Rob Music
DAY 6		
21	Beyond 50: Insights Into Migraine That Ages With Us	Messoud Ashina, MD, PhD, DMSc
22	How Migraine & Chronic Fatigue Syndrome (ME/CFS) Are Connected	James Baraniuk, MD
23	Tension Headache or Migraine? Differences and Misdiagnoses	Rebecca C. Burch, MD, FAHS
24	How To Manage Migraine Stigma at Work	Olivia Begasse de Dhaem, MD, FAHS
DAY 7		
25	Inflammation & Chronic Migraine	Gretchen E. Tietjen, MD
26	Brain-Related Comorbidities of Migraine	Dawn C. Buse, PhD
27	Could Biomarkers Improve Migraine Diagnosis?	Patricia Pozo-Rosich, MD, PhD
28	Protecting Our Kids: Navigating Migraine at School	Amy Graham
DAY 8		
29	Is Migraine Linked With Cognitive Decline or Dementia?	Richard B. Lipton, MD
30	Finding Migraine Relief	Elizabeth Leroux, MD, FRCPC
31	Finding Balance in Vestibular Migraine Diagnosis and Treatment	Kristen K. Steenerson, MD
32	Genetics Research: Hope for a Future of Personalized Migraine Care	Dale Nyholt, PhD

Highlights Webinar March 20th at 4:00pm EST