

LEARNING TRACKS



MIGRAINE WORLD SUMMIT
MARCH 6 - 13, 2024

Our Learning Tracks can help guide your decision about which interviews to watch from this year's Migraine World Summit.

You can watch as many interviews as you like while the Migraine World Summit is live!

But, if time is limited, you might find these suggested Learning Tracks helpful for identifying the topics and interviews that are most relevant to you.



MIGRAINE WORLD SUMMIT

LIVING WITH MIGRAINE



Controlling Chronic Migraine
Jessica Ailani, MD, FAHS, FAAN

DAY 1



Best Exercise Options for People With Migraine
Elizabeth (Betsy) Seng, PhD

DAY 1



How Much Is Too Much Excedrin Migraine?
Paul G. Mathew, MD, DNBPAS, FAAN, FAHS

DAY 2



Menopause, Perimenopause & Migraine
Christine Lay, MD, FAHS

DAY 2



Balancing Risks & Benefits of Migraine Treatments
Amaal J. Starling, MD, FAHS, FAAN

DAY 3



Migraine FOMO: Are You Missing Out?
Katie MacDonald

DAY 3



When Headache Starts Behind the Eyes
Deborah Friedman, MD, MPH, FAAN, FAHS

DAY 4



Advocacy, Access & Migraine at Work
Rob Music

DAY 5



How To Manage Migraine Stigma at Work
Olivia Begasse de Dhaem, MD, FAHS

DAY 6



Brain-Related Comorbidities of Migraine
Dawn C. Buse, PhD

DAY 7



Protecting Our Kids: Navigating Migraine at School
Amy Graham

DAY 7



Finding Migraine Relief
Elizabeth Leroux, MD, FRCPC

DAY 8



MIGRAINE WORLD SUMMIT

COMPLEMENTARY & ALTERNATIVE MEDICINES



Best Exercise Options for People With Migraine
Elizabeth (Betsy) Seng, PhD

DAY 1



Supplements & Foods That Ease Migraine
Robert Bonakdar, MD

DAY 3



Is Migraine a Brain Energy Problem?
Elena Gross, PhD

DAY 3



Migraine, TMD & Neck Pain
Rashmi B. Halker Singh, MD, FAHS, FAAN

DAY 5



Neuromodulation Devices: Proven Drug-Free Treatment for Migraine
Fred Cohen, MD

DAY 5



MIND/BODY



Best Exercise Options for People With Migraine
Elizabeth (Betsy) Seng, PhD

DAY 1



The Gut Factor: Exploring the Role of Digestive Health in Migraine
Vince Martin, MD, AQH

DAY 2



Is Migraine a Brain Energy Problem?
Elena Gross, PhD

DAY 3



How Migraine & Chronic Fatigue Syndrome (ME/CFS) Are Connected
James Baraniuk, MD

DAY 6



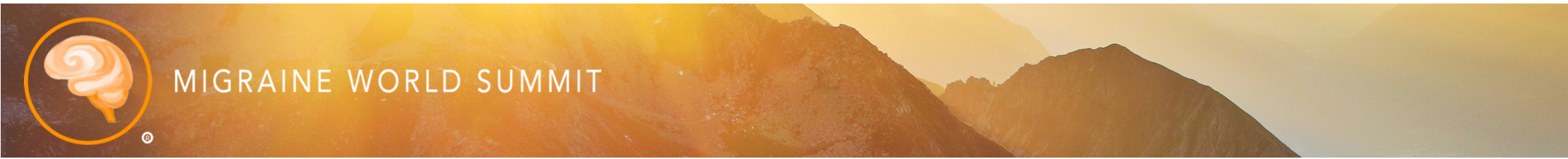
Brain-Related Comorbidities of Migraine
Dawn C. Buse, PhD

DAY 7



Is Migraine Linked With Cognitive Decline or Dementia?
Richard B. Lipton, MD

DAY 8



CHRONIC MIGRAINE



Controlling Chronic Migraine
Jessica Ailani, MD, FAHS, FAAN

DAY 1



Balancing Risks & Benefits of Migraine Treatments
Amaal J. Starling, MD, FAHS, FAAN

DAY 3



Migraine FOMO: Are You Missing Out?
Katie MacDonald

DAY 3



What To Expect from Nurtec ODT, Ubrelvy, Qulipta & Zavzpret
Matthew Robbins, MD

DAY 4



New Daily Persistent Headache: Pain That Won't Stop
Andrew D. Hershey MD, PhD, FAAN, FAHS

DAY 4



Neuromodulation Devices: Proven Drug-Free Treatment for Migraine
Fred Cohen, MD

DAY 5



Inflammation & Chronic Migraine
Gretchen E. Tietjen, MD

DAY 7



Could Biomarkers Improve Migraine Diagnosis?
Patricia Pozo-Rosich, MD, PhD

DAY 7



MIGRAINE WORLD SUMMIT

TREATMENTS



Best Exercise Options for People With Migraine
Elizabeth (Betsy) Seng, PhD

DAY 1



Migraine Biochemistry: CGRP & Beyond
Peter Goadsby, MD, PhD, FRS

DAY 2




How Much Is Too Much Excedrin Migraine?
Paul G. Mathew, MD, DNBPAS, FAAN, FAHS

DAY 2




The Gut Factor: Exploring the Role of Digestive Health in Migraine
Vince Martin, MD, AQH

DAY 2




Menopause, Perimenopause & Migraine
Christine Lay, MD, FAHS

DAY 2



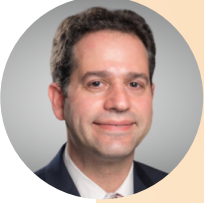
Supplements & Foods That Ease Migraine
Robert Bonakdar, MD

DAY 3



Balancing Risks & Benefits of Migraine Treatments
Amaal J. Starling, MD, FAHS, FAAN

DAY 3



What To Expect from Nurtec ODT, Ubrelvy, Qulipta & Zavzpret
Matthew Robbins, MD

DAY 4




Unofficial Side Effects of CGRP Monoclonal Antibodies
Robert P. Cowan, MD

DAY 5




Migraine, TMD & Neck Pain
Rashmi B. Halker Singh, MD, FAHS, FAAN

DAY 5




Neuromodulation Devices: Proven Drug-Free Treatment for Migraine
Fred Cohen, MD

DAY 5



Tension Headache or Migraine? Differences and Misdiagnoses
Rebecca C. Burch, MD, FAHS

DAY 6



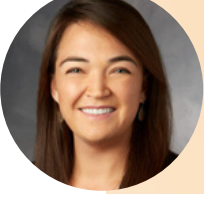
Inflammation & Chronic Migraine
Gretchen E. Tietjen, MD

DAY 7



Finding Migraine Relief
Elizabeth Leroux, MD, FRCPC

DAY 8



Finding Balance in Vestibular Migraine Diagnosis & Treatment
Kristen K. Steenerson, MD

DAY 8

MIGRAINE IN SPECIFIC POPULATIONS



Controlling Chronic Migraine
Jessica Ailani, MD, FAHS, FAAN

DAY 1



Menopause, Perimenopause & Migraine
Christine Lay, MD, FAHS

DAY 2



New Daily Persistent Headache: Pain That Won't Stop
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When Headache Starts Behind the Eyes
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Unofficial Side Effects of CGRP Monoclonal Antibodies
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Migraine, TMD & Neck Pain
Rashmi B. Halker Singh, MD, FAHS, FAAN

DAY 5



Beyond 50: Insights Into Migraine That Ages With Us
Messoud Ashina, MD, PhD, DMSc

DAY 6



How Migraine & Chronic Fatigue Syndrome (ME/CFS) Are Connected
James Baraniuk, MD

DAY 6



Tension Headache or Migraine? Differences and Misdiagnoses
Rebecca C. Burch, MD, FAHS

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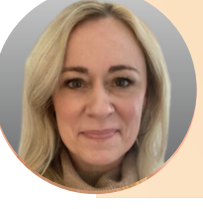
Inflammation & Chronic Migraine
Gretchen E. Tietjen, MD

DAY 7



Brain-Related Comorbidities of Migraine
Dawn C. Buse, PhD

DAY 7



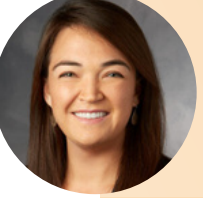
Protecting Our Kids: Navigating Migraine at School
Amy Graham

DAY 7



Is Migraine Linked With Cognitive Decline or Dementia?
Richard B. Lipton, MD

DAY 8



Finding Balance in Vestibular Migraine Diagnosis & Treatment
Kristen K. Steenerson, MD

DAY 8



MIGRAINE WORLD SUMMIT

GENERAL MIGRAINE INFORMATION



Beginner's Guide to Headache Types
Courtney Seebadri-White, MD

DAY 1



Migraine Biochemistry: CGRP & Beyond
Peter Goadsby, MD, PhD, FRS

DAY 2



How Much Is Too Much Excedrin Migraine?
Paul G. Mathew, MD, DNBPAS, FAAN, FAHS

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Menopause, Perimenopause & Migraine
Christine Lay, MD, FAHS

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Balancing Risks & Benefits of Migraine Treatments
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Tension Headache or Migraine? Differences and Misdiagnoses
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How To Manage Migraine Stigma at Work
Olivia Begasse de Dhaem, MD, FAHS

DAY 6



Finding Migraine Relief
Elizabeth Leroux, MD, FRCPC

DAY 8

MIGRAINE SYMPTOMS



Beginner's Guide to Headache Types
Courtney Seebadri-White, MD

DAY 1



The Gut Factor: Exploring the Role of Digestive Health in Migraine
Vince Martin, MD, AQH

DAY 2



Menopause, Perimenopause & Migraine
Christine Lay, MD, FAHS

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Is Migraine a Brain Energy Problem?
Elena Gross, PhD

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New Daily Persistent Headache: Pain That Won't Stop
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Beyond 50: Insights Into Migraine That Ages With Us
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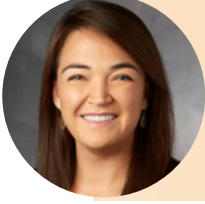
How Migraine & Chronic Fatigue Syndrome (ME/CFS) Are Connected
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Finding Balance in Vestibular Migraine Diagnosis & Treatment
Kristen K. Steenerson, MD

DAY 8



MIGRAINE WORLD SUMMIT

RESEARCH



Neurological Research Priorities
Walter Koroshetz, MD

DAY 1



Migraine Biochemistry: CGRP & Beyond
Peter Goadsby, MD, PhD, FRS

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Is Migraine a Brain Energy Problem?
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New Daily Persistent Headache: Pain That Won't Stop
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Inflammation & Chronic Migraine
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Could Biomarkers Improve Migraine Diagnosis?
Patricia Pozo-Rosich, MD, PhD

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Is Migraine Linked With Cognitive Decline or Dementia?
Richard B. Lipton, MD

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Genetics Research: Hope for a Future of Personalized Migraine Care
Dale Nyholt, PhD

DAY 8

HOPE



Controlling Chronic Migraine
Jessica Ailani, MD, FAHS, FAAN

DAY 1



Neurological Research Priorities
Walter Koroshetz, MD

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Migraine Biochemistry: CGRP & Beyond
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Balancing Risks & Benefits of Migraine Treatments
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