

Title / Subject Line: 2024 Migraine World Summit: New Treatments Explained

Whether you're new to migraine disease or have struggled with it for years, it may feel like you have more questions than answers. Will this medication work? What can I do to control this? How can I get my life back?

The past few years have brought good news to the migraine community. Treatment breakthroughs have expanded our options. The arrival of gepants, ditans, and CGRPs gave us new preventive and acute medication choices. Research is continuously evolving on non-medicinal treatments such as exercise, diet, meditation, neuromodulation, light sensitivity devices, and more.

You can learn about all this and more at the **2024 Migraine World Summit** this **March 6-13**. The Summit is a free virtual event where 32 global experts share their knowledge in 30-minute interviews.

From the comfort of your home, you can learn about new treatments and the latest research. Here's a sample of what you can expect at this year's Migraine World Summit:

- Controlling Chronic Migraine
- Best Exercise Options for People with Migraine
- Supplements and Food That Ease Migraine
- Balancing Risk vs. Benefit of Migraine Treatments
- Finding Migraine Relief
- How to Manage Migraine at Work

And there's much more!

Take action and gain control. In a survey conducted recently among the Migraine World Summit community, 93% of attendees reported that they have taken, or plan to take, at least one action as a result of participating in the Summit. About half said they have or plan to try lifestyle changes (51%), a new drug therapy (50%), or non-medicinal treatments (46%). Others were interested in trying neuromodulation (26%) or wanted to better understand their triggers (18%).

Understanding your options can help put you back in the driver's seat of managing your migraine disease. Join us for the 9th Annual Migraine World Summit on March 6-13, 2024.

Get free access when you register today.

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