

LEARNING TRACKS



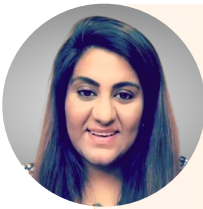
MIGRAINE WORLD SUMMIT
MARCH 8 - 16, 2023

Our Learning Tracks can help guide your decision about which interviews to watch from this year's Migraine World Summit.

You can watch as many interviews as you like while the Migraine World Summit is live!

But, if time is limited, you might find these suggested Learning Tracks helpful for identifying the topics and interviews that are most relevant to you.

GENERAL MIGRAINE INFORMATION



Beyond the Pain: Other Migraine Symptoms
Nazia Karsan, MRCP, PhD

DAY 1



The Gut-Brain Connection in Migraine
Jay Pasricha, MD, MBBS

DAY 1



Practical Changes to Reduce Migraine Frequency
Lauren R. Natbony, MD, FAHS

DAY 2



Why Sleep Problems Plague Kids & Adults With Migraine
Judith Owens, MD, MPH

DAY 2



Nondrug Migraine Treatments That Work
Jessica Ailani, MD FAHS FAAN

DAY 3



How to Avoid or Prepare for the ER
Jaime Sanders

DAY 3



How to Get Back From Chronic to Episodic Migraine
Stephanie J. Nahas, MD, MSED, FAHS, FAAN

DAY 5



Could You Have Medication Overuse Headache?
Gisela Terwindt, MD, PhD

DAY 5



Safety Update: DHE, Triptans, Magnesium, Butterbur & More
Alexander Mauskop, MD

DAY 5



Real-World Data on Treatments, Triggers & Weather
Francois Cadiou

DAY 5



How Migraine Affects Our Mental Health
Dawn Buse, PhD

DAY 6



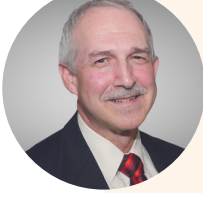
How Stigma Worsens Migraine Burden
Robert Shapiro, MD, MA, PhD

DAY 6



Is Migraine a Progressive Disease?
Fred Cohen, MD

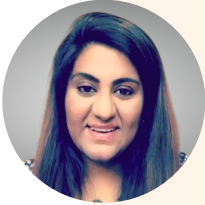
DAY 7



Making the Most Out of Your Doctor's Appointment
Vince Martin, MD, AQH

DAY 8

RESEARCH



Beyond the Pain: Other Migraine Symptoms
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DAY 1



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Brain Retraining for Chronic Pain
Bethany Ranes, PhD

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Psychedelics for the Treatment of Headache Disorders
Emmanuelle Schindler, MD, PhD

DAY 3



Migraine Changes in Older Adults
Gretchen E. Tietjen, MD

DAY 3



Alcohol and Migraine
Paul Mathew, MD, DNBPAS, FAAN, FAHS

DAY 4



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Mindfulness for Migraine & Pain Relief
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European Treatment Update
Patricia Pozo-Rosich, MD, PhD

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Migraine & Headache Research Frontiers
Messoud Ashina, MD

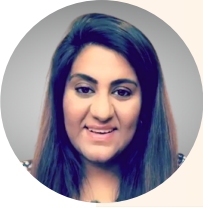
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CHRONIC MIGRAINE



Innovations in Migraine Treatment & Therapies
Stewart J. Tepper, MD

DAY 1



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Improving Continuous Headache Disorders
Teshamae Monteith, MD

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What to Do if Your CGRP Treatment Doesn't Help
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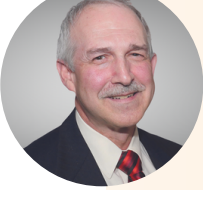
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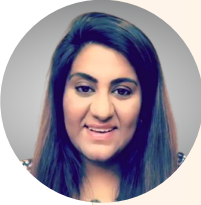
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LIVING WITH MIGRAINE



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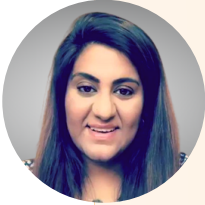
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Easing Into Movement and Mindfulness
Shirley Kessel

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MIGRAINE SYMPTOMS



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Latest Migraine Treatment Landscape
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Balancing Hormones for Migraine Management
Anne MacGregor, MD

DAY 2



Improving Continuous Headache Disorders
Teshamae Monteith, MD

DAY 4



Sinus Headache Misdiagnosis & Treatment
Mark E. Mehle, MD, FACS

DAY 4



Could You Have Medication Overuse Headache?
Gisela Terwindt, MD, PhD

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How Migraine Affects Our Mental Health
Dawn Buse, PhD

DAY 6



Concussion & Continuous Post-Traumatic Headache
Alan Finkel, MD

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TREATMENTS



Innovations in Migraine Treatment & Therapies
Stewart J. Tepper, MD

DAY 1



Latest Migraine Treatment Landscape
Deborah Friedman, MD, MPH

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Psychedelics for the Treatment of Headache Disorders
Emmanuelle Schindler, MD, PhD

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Migraine & Headache Research Frontiers
Messoud Ashina, MD

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DEVICES



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COMPLEMENTARY & ALTERNATIVE MEDICINES



Latest Migraine Treatment Landscape
Robert Shapiro, MD, MA, PhD

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Bethany Ranes, PhD

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Easing Into Movement Through Mindfulness
Shirley Kessel

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MIND/BODY



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MIGRAINE IN SPECIFIC POPULATIONS



Balancing Hormones for Migraine Management
Anne MacGregor, MD

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Joe Coe

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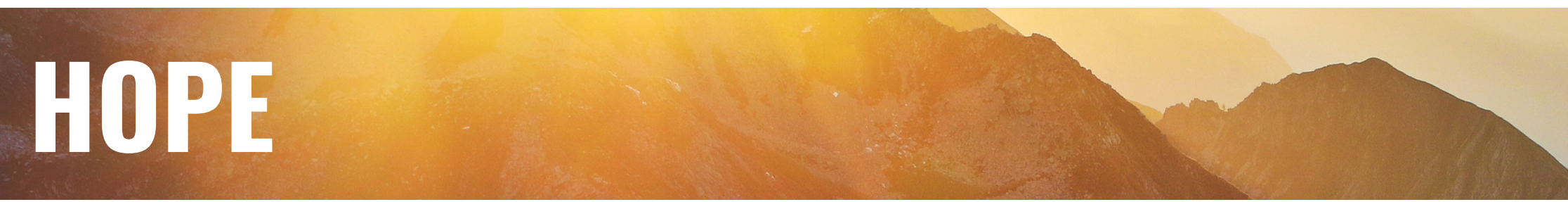
Managing Migraine in the East
K. Ravishankar, MD


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