

Title / Subject Line: New Treatments Explained at the 2023 Migraine World Summit

Whether you're new to migraine disease or have struggled with it for years, it may feel like you have more questions than answers. Will this medication work? What can I do to control this? How can I get my life back?

The past few years have brought good news to the migraine community. Treatment breakthroughs have expanded our options. The arrival of gepants, ditans, and CGRPs gave us new preventive and acute medication choices. Research is continuously evolving on non-medicinal treatments such as exercise, diet, meditation, neuromodulation, light sensitivity devices, and more.

You can learn about all this and more at the **2023 Migraine World Summit** this **March 8-16**. The Summit is a free virtual event. 32 experts—researchers and clinicians from all over the globe—share their knowledge in convenient 30-minute interviews.

From the comfort of your home, you can learn about new treatments and the latest research. Here's a sample of what you can expect at this year's Migraine World Summit:

- Innovations in Migraine Treatment & Therapies
- The Migraine Treatment Landscape
- Practical Changes to Reduce Migraine Frequency
- Safety Update: DHE, Triptans, Magnesium, Butterbur & More
- Non-Drug Interventions that Work
- Psychedelics for the Treatment of Headache Disorders
- Balancing Hormones for Migraine Management
- What to Do When CGRP Treatments Don't Help.

And there's much more!

Take action and gain control. In a survey conducted among the Migraine World Summit community in 2022, 93% of attendees reported that they have taken, or plan to take, at least one action as a result of participating in the Summit. About half said they have or plan to try lifestyle changes (51%), a new drug therapy (50%), or non-medicinal treatments (46%). Others were interested in trying neuromodulation (26%) or wanted to better understand their triggers (18%).

Understanding your options can help put you back in the driver's seat of managing your migraine disease. Join us for the 8th Annual Migraine World Summit on March 8-16, 2023.

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