

# LEARNING TRACKS



MIGRAINE WORLD SUMMIT  
*MARCH 16 - 24, 2022*

Our Learning Tracks can help guide your decision about which interviews to watch from this year's Migraine World Summit.

You can watch as many interviews as you like while the Migraine World Summit is live, but if time is limited you might find these suggested Learning Tracks helpful for identifying the topics and interviews that are more relevant to you.

# MIGRAINE 101



**New Research on the Real Migraine Patient Experience**  
Rebecca Wells, MD, MPH

DAY 1



**The Latest New Treatments for Migraine**  
Deborah Friedman, MD, MPH, FAAN

DAY 1



**10 Steps to Migraine Management**  
Messoud Ashina, MD

DAY 2



**Persistent Chronic Migraine Symptoms Between Attacks**  
Christine Lay, MD, FAHS

DAY 2



**True Resilience: How a Paralympian Wins With Migraine**  
Allysa Seely

DAY 2



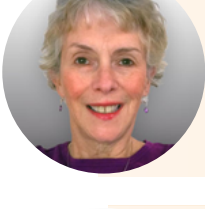
**When Nothing Works: Treatment-Resistant Chronic Migraine**  
Amaal Starling, MD

DAY 2



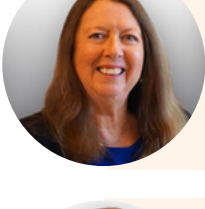
**Complementary & Integrative Treatments for Migraine**  
Elizabeth Leroux, MD, FRCPC

DAY 3



**Inflammation Control as Migraine Control**  
Gretchen Tietjen, MD

DAY 3



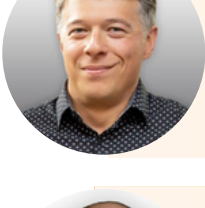
**Understanding The Genetics of Headache**  
Lyn Griffiths, PhD

DAY 4



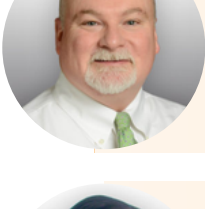
**How a Nutritionist Manages Migraine**  
Margaret Slavin, PhD, RDN

DAY 5



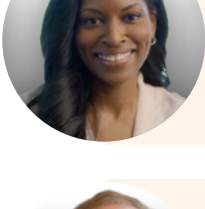
**Learning How to Sleep Better with Migraine**  
Alex Dimitriu, MD

DAY 6



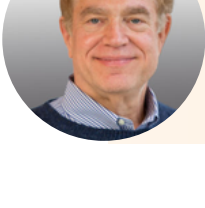
**Best Practices for Treating Children With Migraine**  
Scott W. Powers, PhD, ABPP, FAHS

DAY 7



**Chronic Disease on Social Media: Helpful or Harmful?**  
Cynthia E. Armand, MD

DAY 7



**The Latest Developments in Migraine Research**  
Richard Lipton, MD

DAY 8



# TRIGGERS



**Expert Tips to Manage Persistent Migraine Pain**  
Jessica Ailani, MD

DAY 1



**Ehlers-Danlos, Connective Tissue Disorders & Migraine**  
Vince Martin, MD

DAY 3



**Physical Therapy Modalities for Headache & Pain**  
Ali Ladak, PT, DPT, PhD

DAY 4



**Techniques for Managing Vestibular Migraine**  
Michael T. Teixido, MD

DAY 4



**How a Nutritionist Manages Migraine**  
Margaret Slavin, PhD, RDN

DAY 5



**Strategies to Boost Brain Health**  
Krystal L. Culler, DBH, MA

DAY 5



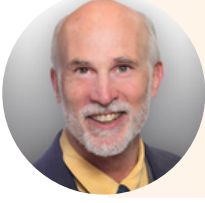
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**Chronic Disease on Social Media: Helpful or Harmful?**  
Cynthia E. Armand, MD

DAY 7



**Osmophobia: Scent-Induced Migraine**  
Frederick Godley, MD

DAY 7

# CAUSES



**Expert Tips to Manage Persistent Migraine Pain**  
Jessica Ailani, MD

DAY 1



**Autoimmune Disease and Migraine: A Closer Look**  
Peter McAllister, MD

DAY 3



**Inflammation Control as Migraine Control**  
Gretchen Tietjen, MD

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**New Daily Persistent Headache: Causes, Symptoms & Treatment** David Dodick, MD

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**Chronic Cluster Headache**  
Christopher Gottschalk, MD, FAHS

DAY 6



**How Women's Hormones Affect Migraine**  
Jelena Pavlovic, MD, PhD

DAY 8



# SYMPTOMS



**New Research on the Real Migraine Patient Experience**  
Rebecca Wells, MD, MPH

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**Migraine Long Haulers: Lasting Effects**  
Matthew Robbins, MD

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**Persistent Chronic Migraine Symptoms Between Attacks**  
Christine Lay, MD, FAHS

DAY 2



**True Resilience: How a Paralympian Wins With Migraine**  
Allysa Seely

DAY 2



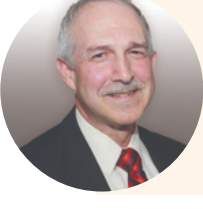
**When Nothing Works: Treatment-Resistant Chronic Migraine**  
Amaal Starling, MD, FAAN, FAHS

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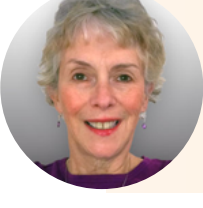
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**Long-Term Effects of New Migraine Medications**  
Robert Cowan, MD

DAY 5



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**Women's Health Inequities and Migraine**  
Monica P. Mallampalli, PhD

DAY 7



**Staying Hopeful: Treatment Burnout in Chronic Disease**  
Dawn Buse, PhD

DAY 8

# COMPLEMENTARY THERAPIES & PREVENTION

	<b>Expert Tips to Manage Persistent Migraine Pain</b> Jessica Ailani, MD	<b>DAY 1</b>
	<b>10 Steps to Migraine Management</b> Messoud Ashina, MD	<b>DAY 2</b>
	<b>When Nothing Works: Treatment-Resistant Chronic Migraine</b> Amaal Starling, MD	<b>DAY 2</b>
	<b>Complementary and Integrative Treatments for Migraine</b> Elizabeth Leroux, MD, FRCPC	<b>DAY 3</b>
	<b>Drug-Free Devices for Modulating Migraine</b> Deena Kuruvilla, MD, FAHS	<b>DAY 4</b>
	<b>Physical Therapy Modalities for Headache &amp; Pain</b> Ali Ladak, PT, DPT, PhD	<b>DAY 4</b>
	<b>Techniques for Managing Vestibular Migraine</b> Michael T. Teixido, MD	<b>DAY 4</b>
	<b>How a Nutritionist Manages Migraine</b> Margaret Slavin, PhD, RDN	<b>DAY 5</b>
	<b>Strategies to Boost Brain Health</b> Krystal L. Culler, DBH, MA	<b>DAY 5</b>
	<b>Learning How to Sleep Better with Migraine</b> Alex Dimitriu, MD	<b>DAY 6</b>
	<b>Best Practices for Treating Children With Migraine</b> Scott W. Powers, PhD, ABPP, FAHS	<b>DAY 7</b>
	<b>Chronic Disease on Social Media: Helpful or Harmful?</b> Cynthia E. Armand, MD	<b>DAY 7</b>
	<b>The Latest Cannabis Research for Migraine</b> Nathaniel M. Schuster, MD	<b>DAY 8</b>



# TREATMENTS



**The Latest New Treatments for Migraine**  
Deborah Friedman, MD, MPH, FAAN

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# HOPE & RESILIENCE



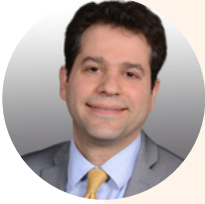
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**How We Got to Now: History of Migraine**  
Katherine Foxhall

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DAY 8



**The Latest Developments in Migraine Research**  
Richard Lipton, MD

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# RESEARCH



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