

Subject What Your Doctor Won't Tell You
[or]
What Your Doctor Can't Tell You
[or]
What Your Doctor Isn't Telling You

Body There is so much a doctor does not tell you in the exam room because **there simply isn't enough time.**

A published study by neurologist and researcher Dr. Richard Lipton shows that, in the United States, the average consultation time for migraine is just **11 minutes**.

Doctors today are juggling a host of factors in addition to their patients' care and well-being. These include insurance, treatment availability, compliance, eligibility, safety, corporate policies, legal, and record-keeping, just to name a few.

Unfortunately, it's not always as simple as determining the best possible treatment for a patient. Sometimes the treatment isn't available, isn't covered by insurance, or simply isn't affordable.

But does that mean you shouldn't be aware of all the options?

In most cases, there are other alternatives that could be discussed and strategies that could be leveraged to improve our health. Rarely is there time to discuss all of these during such a short consultation.

The good news is that there is a better way to make your 11 minutes count.

Introducing the Migraine World Summit. From this March 18-26, 32 world-leading migraine and headache experts including doctors and specialists will share leading-edge treatments, research, and proven strategies to help improve life for those with migraine and chronic headache.

This is an online event where specialists dedicate the time to explain the options and give you the full picture so you understand your choices.

The online Migraine World Summit is free while it's live from March 18-26, 2020.

Find out what your doctor isn't telling at the Migraine World Summit.

Questions covered include:

- How does migraine affect memory and cognitive abilities over time?
- What is the best diet for migraine?
- How can chronic migraine be managed?
- What is the relationship between migraine and autoimmune or inflammatory diseases?
- What new treatments are available or coming soon?
- What new non-medicinal alternatives are now available?

- Is CBD a proven migraine treatment?
- What advice do experienced patient advocates have to share?
- How did someone win Olympic Gold while battling migraine?
- Is migraine a genetic disorder?
- How does trauma (physical or emotional) affect migraine?
- Which celebrities also have migraine?
- Is there a proven surgery for migraine?
- What is mindfulness-based stress reduction?
- Which supplements can help reduce migraine?

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See you at the Summit!